

NOVEMBER 2025

ACHIEVING EXCELLENCE MAGAZINE

LEADERSHIP
Are We Busy,
or Are We
Effective?

**COMMUNICATION
TIPS**
Lessons Learned
from
Toastmasters

**PALESA
MAKGATO**
The Long
Walk Back to
What Works

District 74 Southern Africa Toastmasters

Spotlight on Namibia



TOASTMASTERS INTERNATIONAL[®]

District 74

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Toastmasters District 74 Mission

We build new clubs and support all
clubs in achieving excellence.

toastmasters74.org



EDITOR'S NOTE



As we near the half year mark in Toastmasters and the end of the year let's remember to reflect on our journeys and plan to finish this year strong.

In the same manner that Namibia is filled with pride of having not only having the oldest dessert in the world and the second largest canyon, the Fish River Canyon, but the warm and friendly spirit of its people, in Toastmasters we pride ourselves in offering a warm and friendly place for our members to grow and prosper and guests to want to not only return but become a part of us.

As you delve into the stories told in this issue, remember that your story is just as powerful and should be heard.

Khethiwe Malema

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DISTRICT DIRECTOR'S NOTE

October eminded us that excellence is not a destination it's a journey worth celebrating. We hosted our District Hall of Fame, honouring the clubs, leaders, and members who have gone above and beyond to embody what it means to be true Catalysts of Success. Each name called, each award presented, reflected hours of dedication, teamwork, and belief in the transformative power of Toastmasters.

We also had the privilege of hosting our Region 11 Advisor, who left inspired by the progress we are making as a District. After attending our Directorate Strategic Session, she affirmed what many of us already know – that District 74 is led by people with the heart, vision, and determination to reach greatness.

As we approach year-end, I know fatigue can creep in, especially for those studying or balancing multiple responsibilities. Remember, diamonds are formed under pressure. Your effort today builds the foundation for your success tomorrow. Stay focused, stay inspired – and finish strong.



Let's carry this momentum into the new year with renewed energy and purpose. Keep growing your clubs, keep building each other, and please – share this magazine. Let the world see the brilliance of Toastmasters Southern Africa.

Together, we continue Achieving Excellence – one inspired step at a time.

Bhekisisa Ngomane,DTM

FROM THE PUBLIC RELATIONS DESK

October was nothing short of amazing! From inspiring personal stories to exciting club campaigns, our community truly showed what the Toastmasters spirit is all about.

From Public Speaking 101 daily tips to our October was packed with ways to help members elevate their communication game.

The DCP5 Sprint Campaign hit the ground running! Clubs are racing to achieve five DCP goals by December for a chance to win a trophy or an R300 voucher . The energy and teamwork we've seen so far? Simply inspiring! Our Pathways Enhancements spotlight series kicked off, unpacking what's new in Levels 1-5 and how the updates will help members gain more real-world communication and leadership experience.

October reminded us that every story shared, every meeting role filled, and every goal achieved brings us closer as a district family.



Let's keep the momentum going into November more growth, more wins, more Toastmasters magic!. And as always don't forget to follow us on our social media pages so you never miss an update on what's happening in our district. [\[Link here\]](#)

Leya Musunga

Welcome to Tarentaal Toastmasters

By Ndataala Angula

Tarentaal Club, A Toastmasters' club which meets in Windhoek, Namibia, is one of the country's longstanding chapters of the international public-speaking and leadership organisation Toastmasters International. Chartered on 1 October 1996, and proud to be part of District 74's Area C05.

With the tagline - 'Where Leaders are Made', the core mission of Tarentaal Toastmasters is to provide a supportive and structured environment in which members can develop effective communication and leadership skills. In the meetings, participants have a safe place to practice prepared speeches, improvisational speaking, evaluations, and assume meeting roles – gaining confidence, skill, and peer feedback in a friendly atmosphere. This aligns with the global Toastmasters ethos of “learning by doing”.

In the Namibian context the club plays a key role: it offers professionals, students and members of the community in Windhoek an accessible platform for becoming stronger speakers and leaders. The club's meeting schedule—typically on the 1st and 3rd Wednesday evenings at 17h45 – 20h00 at 3 Haydn Street, Windhoek West – ensures regular opportunities for growth and networking.

In short: Tarentaal Toastmasters Club is more than a speaking club; it's a growth community in Namibia that empowers individuals to find their voice, sharpen their leadership and connect with like-minded peers.





Showing Up to Grow: Indila's Tarentaal Journey

By Indila Nepela

I joined Tarentaal Toastmasters out of curiosity, not fear. I knew I could speak; I just wanted to speak better. A class presentation revealed the gap: I had confidence, but not connection. Half the room tuned out, and that stung.

A cousin's tip led me to Tarentaal. I walked into a room of professionals and instantly knew I was in the right place. Though I couldn't afford membership, I kept showing up every meeting, every Table Topic (an impromptu one-minute speech), every evaluation. Six months later, I became a member, but my transformation had already begun.

Toastmasters taught me that speaking isn't just about talking it's about timing, structure, and impact. The greatest lesson? Growth doesn't wait for perfect conditions; it begins when you do.

My first Table Topic was a stumble, but that moment taught me more than watching ever could. Tarentaal gave me a safe space to grow toward mastery.



Personal Development For Leaders

Why Growth Must Continue Beyond the Badge

By Tumelo Maphalala

Leadership in Toastmasters is often celebrated through titles such as Club Officer, Area Director, Division Director or Cabinet Executive amongst many other titles. The true measure of a leader however is not the position they hold; it is the personal development they continue to pursue while holding such titles.

Too often, leaders become so immersed in serving others that they quietly neglect their own educational goals. The meeting agendas are polished, contests are organized, councils are chaired but Pathways projects remain untouched, speeches postponed, evaluations skipped. Service, on its own, does not make us better speakers or stronger communicators. Growth requires deliberate practice.

Personal development is not a luxury for leaders, it is a responsibility.

A leader who is actively learning communicates with more competence, serves with more confidence, and influences with more credibility.

When leaders continue to deliver speeches, complete projects, and participate in meetings, they model what sustainable leadership looks like. They prove that excellence in service and excellence in self-improvement are not mutually exclusive but mutually reinforcing.

Moreover, continuing one's educational journey keeps burnout at bay. Growth rekindles motivation. Every new speech, project, or skill acquired reminds a leader why they joined Toastmasters in the first place, not only to guide



others, but to become better themselves. As you serve at any level of leadership, be it club, area, division or district, ask yourself: Am I still growing, or only giving?

The strongest leaders do both. They lead from the front not by title, but by example. In Toastmasters, leadership is not the end of development, it is the stage on which development must continue.

“The true measure of a leader however is not the position they hold; it is the personal development they continue to pursue while holding such titles.”

Are We Busy, or Are We Effective?

By Tumelo Maphalala

Toastmasters leadership comes with endless activity of meetings, agendas, reports, contests, training, renewals, and constant communication. But motion is not the same as progress. To build healthy clubs and strong leaders, we must begin to measure not only effort, but effectiveness.

Productivity in Toastmasters leadership can be observed through a few simple questions:

- **Are members actually speaking?** A club with full agendas and progressing Pathways is more productive than one with beautiful posters and empty role slots.
- **Are members growing and not just attending?** Productive leadership creates an environment where people improve in speaking, listening, confidence, and leadership.
- **Is the club stable and renewing?** Retention and renewals are proof of value delivered, people do not stay where they do not grow.



“In Toastmasters, leadership is not measured by how busy you look but by the growth you cause.”

- **Is leadership shared or centralized?** Productive leaders build systems, delegate roles, and develop others instead of carrying the club on their backs.
- **Are goals defined and tracked?** Clubs that set milestones (DCP, membership, training, contest participation) and follow up on them are far more likely to deliver results.

Improving productivity does not mean adding more work, it means working with purpose. Leaders can become more effective by using agendas to drive growth, scheduling educational moments intentionally, conducting member check-ins, using dashboards to track progress, and aligning every activity with club goals.

In Toastmasters, leadership is not measured by how busy you look but by the growth you cause. A productive club is not the loudest or the busiest; it is the one where members leave every meeting measurably better than they arrived. The true success of leadership is not in the tasks completed, but in the development achieved.

Kofi's Communication Tips: Lessons Learned from Toastmasters

By Kofi Simpson

Toastmasters has reinforced one of the most valuable habits in my speaking journey, structuring my thoughts before I speak. Over time, I've learned three powerful lessons that have shaped the way I communicate.

First, they say, "think before you speak," and it couldn't be truer. Every word has weight, and taking a moment to organize your ideas before speaking ensures clarity, confidence, and connection.

Second, the message your body sends can make or break your delivery. Yes, a very powerful statement. I've learned that communication isn't just verbal. A confident stance and genuine eye contact can often communicate more than words ever. People watch your posture, facial expression, and gestures do speak volumes.

Lastly, I've come to realize that it's not always what you say, but how you say it. As someone who naturally speaks fast, with great enthusiasm and passion, I've had to learn the art of intentional pauses. Silence, I've discovered, can be just as powerful as the message in the speech. Pausing allows your message to breathe, your audience to reflect, and your presence to deepen.

These lessons on structuring your thoughts, body awareness and pausing for effect, have now become part of how I show up every day. They remind me that great communication isn't about perfection, it's about presence, purpose, and connection.

Whether I am facilitating a meeting, mentoring others, or delivering a keynote, these lessons guide every interaction. Toastmasters has not only refined how I speak, but it's also transformed how I connect, listen, and lead. Now the goal is to learn how to lead through communication.



**"Great
communication isn't
about perfection, it's
about presence,
purpose, and
connection.."**

From Self-Doubt to Self-Expression

Pinkie Ntshikaniso

After obtaining a management position, I recognized the need to develop my leadership and public speaking skills. Public speaking had always been a weakness for me, so I aimed to enhance my communication abilities and emotional intelligence.

Having worked as a public servant, I was often required to attend community meetings and give presentations. Joining Toastmasters was crucial for my development. Since joining Toastmasters on May 1, 2024, I have experienced significant personal and professional growth. I became the secretary on June 1, 2025, and later was nominated as Vice President Membership.

I've developed a keen interest in reading work-related legislation and conducting my own research, which has increased my confidence in meetings. I no longer fear making mistakes or being judged and have become more assertive in expressing my beliefs. One memorable experience occurred when I spoke at a family funeral. People were surprised by my ability to speak publicly, given my quiet upbringing. Toastmasters has taught me to

make my words count, and others have noticed the positive changes in my speaking skills.

A few months after joining, I faced a challenging situation at work and was able to handle it effectively thanks to my Toastmasters training. Since joining Toastmasters, I've learned to embrace challenges and turn them into opportunities.



Pinkie Ntshikaniso,
VP Membership,
West Rand Toastmasters Club

NEW CLUB ANNOUNCEMENT

TOYOTA SOUTH AFRICA

Division E | Area E4

Club #6
2025/26

Club Mentors

Chanel J Izaks, DTM

Moeketsi I. Nthombeni

Club Sponsors

Bryton Masiye, DTM

Gcobisa L. Sigwili

Glenis Whitehead: Growth Through Purpose, Not Points

By Leya Musunga



For Glenis Whitehead of ACT Toastmasters Club, the journey was never about collecting awards. “I did not set out to achieve multiple awards for myself,” she explains. “My focus was on helping my club meet its goals in the Club Success Plan.” Her progress came as a natural outcome of contributing, supporting, and fulfilling her role within the club.

Glenis approaches each project with a simple but powerful mindset: see it through to the end. “When I tackle a project, my intention is to complete it, because that’s how I get the most value out of the program,” she says. Instead of chasing recognition, she looks at what comes next and how each step can help her continue refining her skills. The process is about growth, not ticking boxes.

Her message is clear: determination makes the difference. “It’s easy to make excuses,” Glenis reflects, “but if you truly have the desire to get it done, you will always find a way.”

Her journey is a reminder that sustainable progress comes from purpose-driven commitment — and that when you focus on growing and contributing, the achievements naturally follow.

District 74 Southern Africa Toastmasters

114

Clubs

26

Areas

6

Divisions

1870

Members



District 74

SOUTHERN AFRICA TOASTMASTERS

SOCIAL MEDIA REPORT- OCT 2025



	Facebook	Facebook	Instagram	LinkedIn	YouTube	X
	Page	Group				
Followers	14,631	9,220	3,193	345	1,603	4,201
Interactions	239	439	204	212		
Viewed	9,244	8,243	13,983	5,408	724	



Website

Views - 3,572

From the PRM Desk

Follow our Pages at : [Link Here](#)



5 DCP Sprint AWARD

Achieve 5 DCP Goals by 31 December.

Reward: A Trophy OR R300 CFR Voucher
usable towards stock purchases or May
Conference.



The Long Walk Back to What Works

By Tumelo Maphalala

Palesa Makgato initially joined Toastmasters in 2019 out of a need to correct her fast and occasionally rambling style of delivering speeches, which often led to her sounding incoherent. She joined in the hopes that it would cultivate an articulate and coherent speaker in her, and she is glad to report that it has. Over the years, her journey has been one of wonder and whimsy that she did not quite expect.

Finding Growth Through Reflection

We caught up with her to hear her reflections on her personal development journey. Particularly, what has kept her committed, how it has benefited her, and the lessons she has learned along the way. We were most interested in the practices or mindsets that helped her stay on track during challenging times, and the advice she would offer to others who are beginning their own journey or struggling to remain consistent. Her insights provided valuable guidance and encouragement for anyone pursuing personal growth.

Leadership Beyond the Podium

To date, Palesa has held two executive committee roles in her home club, Gaborone Toastmasters Club in Botswana; Vice President Membership, and currently Vice President Education, both of which have opened up the Toastmasters world for her greatly. She has become more involved in the organization and has even taken up the position of Area D4 Director, a remote leadership role where she leads four online clubs in neighbouring South Africa.

When the Journey Pauses

Palesa admits to having taken a few extended breaks during her Toastmasters journey, which led her to realize that, much like anything worth pursuing in life, Toastmasters can become overwhelming if you do not plan for it. She recalls finding herself in a familiar loop where she knew she needed Toastmasters, yet always put everything else before it. Ironically, those hiatus seasons often revealed just how much she needed Toastmasters to develop in other areas of her life. She also speaks fondly of the camaraderie displayed at Toastmasters meetings, noting that the support and encouragement in that environment kept her coming back for more.

She is a testament that taking breaks along the personal development journey is not a sign of weakness, but often a necessary step to recoup, reflect, and return stronger. The decision to return to Toastmasters each time has boosted her confidence in the most unimaginable ways.



Confidence Reimagined

Palesa can now communicate without overthinking, and whenever she trips over her words, she simply smiles and keeps going, because, as she jokes, even Google autocorrects itself sometimes. She is quick to quote

Zig Ziglar, who once said, “Your attitude determines your altitude,”

when reflecting on her own journey, and she implores her fellow Toastmasters to meditate on this during their own journeys. She encourages them to adopt an “I CAN” attitude and be amazed at the confident orator they can become within just a few months of commitment.

Returning Stronger

Palesa reinforces that returning to personal development with a positive mindset can unlock potential far beyond what one previously imagined. She recalls how, during her first speech at Toastmasters, she froze and left the stage without finishing. Now, being asked to speak in front of an audience no longer debilitates her as it once did. She is cognizant of the fact that logistical challenges will always be there, but she believes that one’s determination to become the best version of oneself should outweigh any obstacles or the excuses that may accompany them.

Gerben Van Niekerk: Turning Curiosity into Commitment

By Leya Musunga

When Gerben Van Niekerk first joined Toastmasters, his goal was simple: build a professional network. But when he discovered there was no active club in Bloemfontein, he helped co-found one in 2016. What began as networking quickly evolved into a search for community—a safe, creative space to learn, share, and grow. “I wanted to do something different from my day job,” Gerben recalls.

“Toastmasters became a fun environment where I could learn new skills, meet people, and even master how to run an efficient, on-time meeting.”

After a period of attending meetings casually, Gerben realised that to truly benefit, he needed to become more active. He began setting personal targets, often drawing on his international travels as inspiration for speeches. His upcoming relocation to Saudi Arabia now drives him to stay sharp and engaged, ready to contribute from day one in a new club.

The turning point came when he decided to stop “cruising” through life and start challenging himself. By reducing distractions like TV and social media, he found the time and focus to pursue multiple awards. His guiding principle, inspired by mentor John Peter Gernaat, is simple but powerful: never cancel a commitment.

Gerben’s most challenging journey was through the Presentation Mastery pathway, where he learned to turn his passion for travel into structured, engaging presentations.



Through Toastmasters, he’s gained resilience and confidence: “No one’s ever died from making a mistake in a speech,” he jokes. The supportive environment and mentorship within his club have been key to his progress.

“The feedback is never personal—it’s a gift. It helps me see what I can’t see myself.”

His advice to members: “Never cancel. Once you commit, follow through. Break your preparation into small daily steps—20 minutes a day makes it manageable. And get involved; momentum builds when you participate.”

Next on Gerben’s list? Conquering crutch words and taking on a technical presentation that’s as engaging as his storytelling.

From Silence to Strength: How Toastmasters Helped Me Find My Voice

By Modieng Ramekosi

The Day Fear Silenced Me

I still remember my first attempt at public speaking during Communication Skills 101 in my first year of university. I nervously walked to the front of the class and managed to say only four words: "My name is Mfundo." My hands shook, sweat rolled down my face, and my voice disappeared. I froze. That day, I became the laughingstock of the class, and I promised myself I would never speak in public again.

Hiding My Light to Fit In

For years, I held back, downplaying my talents to avoid being seen as boastful. I dimmed my light and softened my voice to fit in, which only caused the world to overlook my brilliance. As I grew older, I realized that no one progresses without speaking up. Whether in leadership, career, or community, your voice is essential. This understanding inspired me to join Toastmasters.

Finding Confidence Through Toastmasters

Toastmasters has significantly boosted my confidence. I've learned to assert myself unapologetically, to speak even when my voice shakes, and to enter a room knowing I belong there. I've transitioned from avoiding opportunities to embracing them, and from holding back my ideas to sharing them boldly. Toastmasters has provided me with more than just speaking skills; it has given me courage, clarity, and conviction. Before joining, my biggest fear about public speaking was freezing up again, just like I did in university. I worried about being judged or labeled as "too much."

A Safe Space to Grow

Toastmasters helped me overcome my fears in a supportive environment.

I learned that audiences value authenticity over perfection, by being myself, I felt liberated on stage. One of my most memorable speeches was titled "Meeting Self." It was about confronting the part of me I had been avoiding—the version that lived cautiously.

Sharing this was terrifying, but it resonated deeply with my audience. This reinforced a powerful truth: when we stand in our authenticity, we empower others to do the same.



Mfundo Delihlazo
Sasol Energy and
Bacon and Egg Toastmasters Club

District 74

SOUTHERN AFRICA TOASTMASTERS

INDIVIDUAL SPONSOR AWARD Congratulations



Sponsor
Count **14**



Lefu Dlamini

Sponsor
Count **6**



Lorna B. Holtman



Bryton Masiye, DTM

Members in the Zone



Name

Sponsor Count

Karen A. Levy-Strauss, DTM 4

Leigh Lewis 4

Mellissa Adams 4

Tracy-Ann Adams 4

Carmelita A. Kruger 3

Elaine O'Gorman, DTM 3

Kagelelo G. Mogotsi 3

Leya Musunga 3

Malehakoe Mothala 3

Masims J. Tsikoane 3

Nomonde Booie, DTM 3

Tafara E. Chingwe, DTM 3

Vinkie M. Talane 3

Pushing Beyond One Award: Brenda Joao's Journey to Multiple Achievements

By Leya Musunga

When most members begin their Toastmasters journey, the goal is often simple: complete the first level. For Brenda Joao of West Rand Toastmasters Club, that initial milestone was only the beginning of a much larger achievement.

"At first, I only aimed to complete one level," Brenda shared. "But when our club President encouraged us to set higher goals as part of our Exco's Club Success Plan, I decided to push further. That encouragement inspired me to reset my sights—not just on finishing two levels, but three by June 2026."

What followed was a journey of growth fueled by determination and momentum. The more speeches Brenda delivered, the stronger her confidence became—both in Toastmasters and in the workplace.

"Each time I spoke and applied the feedback I received, I could feel my communication skills growing. The progress went beyond my expectations. I wasn't just improving as a Toastmaster; I was excelling professionally too."

Brenda's advice to fellow members aiming to complete two or more awards before the deadline is both practical and motivational:



"Don't procrastinate by waiting for perfection—that only delays your progress. Stay consistent and keep booking your speeches. We tend to lose momentum when we wait too long. Remember, the feeling of accomplishment when you surpass your own goals is worth every effort."

Brenda's story is a reminder that with encouragement, discipline, and consistency, every Toastmaster can stretch beyond what they thought possible—and discover success that extends far beyond the club meeting room.

"Don't procrastinate by waiting for perfection that only delays your progress."

Turning Growth into Achievement - Salphinah Rantsudu

By Leya Musunga

Salphinah Rantsudu from Eloquent Speakers Toastmasters' journey is a story of discovery and determination. When she joined, she had no idea that completing Pathways levels came with awards—her focus was purely on learning and improving. But as she grew in confidence and capability, she realized how much more she could achieve with a little consistency and encouragement from her club.

1. How did you set your goals for achieving multiple awards?

Honestly, I didn't start out knowing there were awards for completing levels. My initial focus was simply on learning and improving my public speaking and leadership skills. Later, when our club president encouraged us to complete more levels as part of our success plan, I decided to challenge myself further and aim higher.

“Consistency is what turns goals into achievements.”

2. What kept you motivated to push for multiple awards instead of stopping at just one?

The growth and progress I saw in myself kept me going. Each speech and project helped me build confidence and new skills. I was also inspired by fellow members who were progressing in their own journeys—it reminded me that we're all capable of more than we think.



3. What advice would you give to members aiming to complete two or more awards before the deadline?

Stay consistent and make use of every speaking or leadership opportunity that comes your way. Don't wait for the perfect moment—each small step you take every week adds up to big progress. Consistency is what turns goals into achievements.

“Don't wait for the perfect moment each small step you take every week adds up to big progress.”

Phemo Kgosi: Planning, Progress, and Purpose

By Leya Musunga



For Phemo Kgosi, achieving multiple awards began with a clear strategy. “I looked at Pathways, understood the different levels and projects, and then mapped out how far I wanted to progress,” he explains. Delivering speeches in multiple clubs became a turning point – exposing him to diverse audiences and accelerating his growth as a communicator.

His motivation stems from a deep desire for personal development, balanced by the steady guidance of mentors within the Toastmasters community. “My hunger to improve kept me moving forward, but my mentors helped me stay focused and grounded,” he says.

When it comes to advice, Phemo believes in planning with purpose. “Develop a clear plan of where you want to be within a set time and keep generating ideas for potential speeches,” he advises. He also encourages members to broaden their experience: “Delivering projects in different clubs is a game changer – it’s one of the most practical ways to complete your path faster.”

IMPORTANT ANNOUNCEMENT

New Member Fee Update

[First time members]

\$20 → \$25

From **1st October 2025** the new member fee increases
from \$20 to \$25

Moegamat Tofa: Planning with Purpose

By Leya Musunga

For Moegamat Tofa, setting his Toastmasters goals began with a moment of reflection. “I asked myself what I really wanted to gain this year not just in awards, but in personal growth,” he says.

Once he had that clarity, he created a roadmap of projects, breaking them down into manageable monthly goals. Balancing club commitments with work and personal life was key, and sharing his plan with his mentor helped him stay accountable and focused.

The motivation to pursue multiple awards came naturally. “After completing the first award, I could feel how much I’d grown in confidence, communication, and leadership,” Moegamat shares.

That sense of progress, coupled with the encouragement and friendly challenges from his club members, inspired him to keep pushing forward.

“There’s something deeply rewarding about finishing what you start. Each milestone gave me more momentum.”



His advice to members? “Start early and stay consistent. Don’t wait until the last minute – set small, achievable goals and celebrate each win along the way.” He also encourages members to lean on mentors and club teammates for guidance and motivation.

“Completing multiple awards is an achievement,” he reflects, “but the real reward lies in the journey – the skills you sharpen, the confidence you gain, and the friendships you build.”

DISTRICT 74 NEEDS YOU

Become a club coach today.

Be the Leader Who Builds Other Leaders.



Contact Us
+068 296 4778/068 471 3519

Email: Nsl@dtm.nnana.co.za



Shawn Langa, DTM

Congratulations

Gold Reef Gavel Club

lunched on the 18 October

What is a Gavel Club:

A Toastmasters Gavel Club is a special type of Toastmasters club designed for people who are under 18 years old or not yet eligible for regular Toastmasters membership (for example, in schools, youth organizations, or rehabilitation centers).

It operates similarly to a standard Toastmasters club, members give speeches, take on meeting roles, and develop leadership and communication skills.





CONGRATULATIONS

**Lorna Holtman,
DTM**

**From Northern Star
Toastmasters Club**

**Distinguished
Toastmaster**

The Distinguished Toastmaster (DTM) award represents the highest level of educational achievement in Toastmasters.

DID YOU KNOW? **2025 Pathways Enhancements**



Meeting Roles in Pathways

- **Members must complete specific meeting roles at each level of Pathways.**
- **Roles start simple (e.g., Table Topics Speaker) and grow more challenging (e.g., Toastmaster of the Day).**
- **Credit is only given when roles are completed within the correct level.**
- **These are minimum requirements—members are encouraged to take on more roles to build skills and support the club.**

Congratulations

Triple Crown Awards - OCTOBER 2025

Members

- Brenda Daniels -Durban Umgeni Toastmasters Club
- Brenda Joao - West Rand Toastmasters Club
- Cornelius Jansen, DTM - Walvis Bay Toastmasters
- Glenis Whitehead, DTM - Algoa Club 2457
- Yolanda F. Malgas - Siemens Club



OCTOBER 2025 CLUBS WITH THE MOST COMPLETED PATHWAY LEVELS

Total Levels	Club Name
12	Bloemfontein Toastmasters Club
12	Rainbow Toastmasters Club
10	Eloquent Speakers Club
10	Green Speakers Toastmasters Club
9	West Rand Toastmasters Club
8	Gaborone Toastmasters
7	Nedbank Allstars
7	Communicators For Good
6	Moving Forward Toastmasters
6	Morningside Toastmasters
6	Harties Toastmasters Club
6	Algoa Club 2457

CLUB ANNIVERSARIES

November 2025

Division

B

Chuckle 'n Chirp Club - 33 Years

Stellenbosch Club - 38 Years

Division

D

Kloof Toastmasters Business Club
- 10 Years

Division

F

Randwater Toastmasters - 2 Years

Gauteng Department of e-Gov

Toastmasters- 1 Year

UPCOMING EVENTS

Online Zoom Link :

[Here](#)



JOIN US FOR

PATHWAYS ENHANCEMENT



ESTELLE ENGELBRECHT
D74 Admin Manager



24-11-2025

MONDAY, 18:00 CAT



District 74 CONTEST SEASON 2025



We are thrilled to welcome Verity Price, the 2021 World Champion of Public Speaking, to our Contest 2025 Platform.

Verity has made history as the first speaker from Africa and the sixth woman to win the World Championship of Public Speaking. She will share her valuable insights and tips with all our aspiring future champions.

Verity Price DTM

Monday 17th November : 7:00pm

Join us online by scanning the code on the right



for more information contact chiefjudge@toastmasters74.org

Division C, District 74 presents...



The Road to the World Stage...

Winning Insights into the International Speech Contest



Mas Mahathir

2025 World Championship
2nd Place



Allen Ang

2025 World Championship
3rd Place

**NOV
18**

SAST 1:30PM
IST 5:00PM
MYT 7:30PM

Moderator
Jai Narayan
Speaker . Trainer



Missed our previous issues you can find them on

Toastmasters74.org



www.toastmasters.org